

NAVSUP Fleet and Industrial Supply Center - Norfolk, Virginia

Supply Chest

June 10, 2005

Ready - Resourceful - Responsive!

Vol. 56 No. 10

LSC Team 2 provides valuable money-saving assistance to USS LaSalle prior to decommissioning

When USS LaSalle arrived in Norfolk in March from Italy, there was a lot to do in the two short months leading up to the 41-year-old ship's decommissioning ceremony on May 27. A big part of preparing a ship for decommissioning is evaluating and removing equipment that is still useful so it can be redistributed to other ships. Consumable parts and stores are also transferable, and one local ship in particular benefited greatly from the LaSalle's decommissioning.

"USS LaSalle had almost \$250,000 worth of food aboard that they were looking to redistribute," said Marie Moss, FISC Norfolk Logistics Support Center Team 2. Commander, Naval Surface Force Atlantic (COMNAVSURFLANT), LaSalle's type commander, published a list of food that was available from the LaSalle, along with a message that stated that any ship wanting to place a food order had to check the LaSalle's list first for any of their desired items.

"USS Gunston Hall was preparing to go to sea, so they said they would take everything that was available," said Moss. "They ended up getting two trailers full of food, one frozen, one dry. It was a great deal for them, and it saved the Navy a lot of money too."

But the deal got even better for Gunston Hall. According to Moss, USS LaSalle paid for the food to be delivered to Gunston Hall, so the entire transaction was achieved with absolutely no cost to Gunston Hall.

It's a real bonus to the fleet and makes us feel good we've helped everybody out," said USS LaSalle Commanding Officer Capt. Herman Shelanski.

LaSalle has been towed to Philadelphia, where it will await the Navy's decision on its fate. But LaSalle Sailors, and FISC Norfolk Logistics Support Representatives, can rest assured that USS LaSalle will live in the hearts of other ships and their crews for years to come, and that the bellies of at least one ship's crew were kept full thanks to the retired ship.



Team 2 from the FISC Norfolk LSC posed with ship representatives at the ship's decommissioning. Pictured (l-r) are USS LaSalle Commanding Officer Capt. Herman Shelanski, Brenda Jones, Virginia Nichols, Marie Moss, Thersa Wiggins, USS LaSalle Supply Officer Lt. Cmdr. T.L. Daniels, SK1(SW) Claudia Peart, and SKC(SW) N.A. Deguzman.



Valentine turns gold to silver

Cmdr. Harold "Tracer" Valentine traded his gold oak leaves for silver ones June 1 when he was officially promoted to the rank of commander. He stood at attention as his wife, Kim, and FISC Norfolk Commanding Officer Capt. Tim Ross attached his new shoulder boards. His son Andy, 15, presented him with his new cover. His son Joshua, 18, presented him with his sword. Cmdr. Valentine is the director of Code 430.

Admirals Quarters ...

I recently held an offsite meeting in Jacksonville, Fla., with the commanding officers and executive directors from across the COMFISCS enterprise. We came together to review strategic initiatives and address best business practices. Our meetings included several breakout sessions where participants were able to exchange ideas concerning Lean Six Sigma (LSS) implementation, products and services refinement, material support integration and other areas. It is events such as this that give me a tremendous appreciation for the focused leadership throughout our organization and the drive among our entire COMFISCS staff to continually improve supply chain management and provide our customers ashore and at sea with a real-time, value-added response to pressing logistical needs.

In another recent instance of leadership interaction, our FISC San Diego and FISC Norfolk supervisors participated in an information exchange, which provided them with a deeper awareness of the LSS and Navy-Enterprise Resource Planning (N-ERP) management tools that are being rolled out in the Naval Supply Systems Command. These undertakings pave the way for a more efficient way of getting the job done by streamlining processes and expanding efficiency in the workplace. LSS and

N-ERP will also advance and heighten sensitivity to customer needs and expectations.

These information exchanges and leadership meetings also serve as a reminder of the challenges our Sailors and civilians face every day. Whether you are deployed or shore-based, we want to do everything we can to make your jobs easier in support of the missions of a 21st century Navy.

We are operating in a very dynamic environment. It is incumbent upon the COMFISCS leadership team that we continually upgrade our products and services and the supporting processes to ensure your successes. Remaining flexible, responsive and innovative are paramount to our goal of providing combat capability through logistics to all of our customers.



Rear Adm. W. A. Kowba, COMFISCS

Correction

In the March 11 edition of the Supply Chest, Anthony Champion of DDNV was incorrectly identified as a motor vehicle operator. His correct title is material handler work leader. We apologize for the error.

Supply Chest

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This appropriated funds newspaper is an authorized publication for military and civilian personnel of the Fleet and Industrial Supply Center (FISC), Norfolk, and the Defense Distribution Depot (DDNV), Norfolk. It is published by the FISC Public Affairs Office, located in building W-143, Naval Station Norfolk. Contents of the Supply Chest are not necessarily the official view of, or endorsement by, the US Navy. The Supply Chest is a bi-weekly publication published in compliance with the provisions of NAVSO P-35. It is a member of the American Forces Press Service and is available on line at www.nor.fisc.navy.mil. Material may be reprinted if proper credit is given. Submit material to the FISC Public Affairs Office, Code 01, or call (757) 443-1014 DSN 646-1014; FAX (757) 443-1015. All material is subject to editing.

RFID attracts interest from "Down Under"

David Cass (center) explains to two Royal Australian Air Force officers how the Radio Frequency Identification (RFID) scanners work at Building CEP-201. The Australians are logistics officers who are interested in using RFID technology. They were accompanied on their visit by officers from Langley Air Force Base.



All employees must complete IA training by June 30

Recent changes in Dept of Navy policy require that all users of DoD information systems receive initial Information Assurance (IA) training as a condition of being granted system access and, thereafter, must complete IA awareness refresher training annually to maintain an active user account. Additionally, policy directs that non-compliance will result in termination of system access.

Policy also directs the Information Systems Security Manager (ISSM) to retain hard copy evidence of the individual user's completion of annual IA awareness training or refresher training. Procedures for acknowledging completion are below.

The Navy Knowledge OnLine (NKO) Navy E-Learning web site hosts the required IA awareness training course. The course takes about one hour to complete. Once the course is complete, a certificate of completion must be generated. This certificate should be printed and kept by the individual, with a copy guard mailed or faxed to the ISSM.

All users are required to complete IA awareness training and provide proof of completion by June 30, 2005.

Some tips before proceeding. The following instructions may vary slightly depending on the browser and printer configurations. If you have speakers hooked up to your system, turn them on. If at any time during the procedure a security information window pops up asking if you want to display the nonsecure items, click on Yes to continue. This may occur several times during the training presentation. A topic is completed when the arrow blinks. At the end of the course, if a dialog box pops-up asking you if you have completed this course in its entirety, click on Yes. After completion, if your training does not show up in "My Transcripts," you may need to exit out first and come back in to view and print your certificate. There may be isolated printing problems. These tips and observations were provided by fellow "users" who tested the training.

Instructions for completing the IA Awareness training:

1. Go to the following web site www.nko.navy.mil
2. If you have not previously registered on this site, click on NKO registration under the "New Users" heading and follow the instructions for registration. Type in your formal name to register (do not enter a nickname). When entering your SSN, do not put in the dashes.

The password must be at least 8 characters long and contain at least one number or one special character.

**** Remember the login name and the password you select. ****

When prompted, select NAVSUP Community.

3. Once your account has been established, under the "Log into NKO" heading, enter your login name and password and press enter.

4. Click on the NKO tab.

5. Under the "Get Started" heading select "Launch Navy E Learning."

6. Under the "Content" heading select "Browse Categories"

7. Select "US Department of the Navy (DON)"

8. Under the "Sub Categories" heading select "Information Assurance (IA)"

9. Select "Next" to get to page 2

10. Select "DOD Information Assurance Awareness"

11. Click on the "Enroll Now Arrow"

12. Click on the "Launch Arrow"

13. Launch the DOD Information Assurance Awareness course (may take a few seconds to load).

14. On completion, print a hardcopy completion certificate for the DOD Information Assurance Awareness by selecting the "My Transcripts" tab in the E-Learning portal and then clicking "Print Certificate." Note: A window may pop up prompting you to type in your name and print a certificate, but this certificate is not as detailed as the one printed from the "My Transcripts" tab. Please add your code and phone number on a corner of the certificate.

15. Forward the completion certificate via guard mail to FISC Norfolk Code 00IS or fax to 757-443-1526 NLT June 30, 2005.

Request managers and supervisors ensure employees complete training by the specified date and also have them document it in their Individual Development Plans.

Thank you for your cooperation in ensuring training is accomplished.

Maureen Jones

FISC Norfolk ISSM

The INFOSEC Staff can be reached on 757-443-1503, DSN 646.

The Supply Chest is published for people like...

Eugene 'Gene' Hunking

Code: FISCN Code 403.1, Supply Management Department, Mid-Atlantic, Philadelphia Division, Mechanicsburg Site

Occupation: Contracting Officer representative for the FISC Norfolk, Supply Management Department, Mid-Atlantic Philadelphia Division's operation at the NSA Mechanicsburg site for two Navy contracts supporting mailroom/postal ops, receiving, naval messages, plant property, cabling and graphic arts, photography, video production, video-teleconferencing support.

Place of birth: Covington, Kentucky

I graduated from: Milton Hershey School – Hershey, Pa.

I entered into civil service because: I was in the military during the early 70's and I believe that I can make a difference when it comes to dealing with people. I think that I have one of the best jobs in the Navy. My job is very diversified and challenging.

Hobbies: Gardening, yoga & watching hockey & UK basketball.

Pet peeve: People on cell phones anywhere, any time.

If I could, I would change: The way people think of people before they know them as a person.

If I could do it over, I would: I wouldn't change a thing. I went to the greatest school in the world (Milton Hershey, Pennsylvania).

I'd give anything to have met: Milton S. Hershey the chocolate industrialist.

I've never been able to: Play the piano.

Last good book read: A couple of good Navy regs. Just kidding, 'Can You Feel the Silence' – Van Morrison biography.

Favorite quote, motto, or phrase: "Second place is the first loser."

Favorite singer/group: Marvin Gaye / Curtis Mayfield / The Temptations.

I wish I could stop: Smoking

The one thing I like about myself is: Getting along with others.

I am most proud of: My children Jennie, Angie, Jeremy, Barrie Marie & my wife Gina.



Eugene "Gene" Hunking

My most embarrassing moment: I've had a few that I can't mention, and we'll leave it at that.

A person that you worked with that had an influence on your Navy career: Larry Lewis

Favorite movie: Field of Dreams

Favorite TV shows: Monty Python's Flying Circus, NCIS, CSI

FISC Norfolk Mentoring program round three begins June 16

FISC Norfolk is about to start with a third group of participants in the Mentoring program. Mentoring is a *vital* part of our command's career development and, in the broadest sense; it encompasses as well as elicits the sharing of a wide range of logistics experience and expertise that, in the final analysis, promotes career planning and job enrichment. Mentorship also releases the energy and talent in people, and is the link between the employee and experienced professional for personal and career development.

Our command is actively engaged, via its mentoring program, to prepare employees for management and leadership positions. This program also improves our stated goal of realizing continuing diversity at all management levels and, concomitantly, strengthens our organizational culture. Mentoring is a powerful form of human development and provides personal satisfaction in knowing that mentors are helping others through eliciting from mentees increased motivation and commitment to our supply chain management mission, and gives

all participants opportunities to realize self-reflection and renewal.

Since a successful Mentoring program develops employee independence, improves employee productivity, and increases the employee's commitment to the organization, we are planning to again provide to the prospective mentor and the mentee a four-hour training session on Thursday, June 16 from 8:30-12:30, on the phases of mentoring that builds expectations and defines responsibilities.

Are you interested and available to be a Mentor or Mentee? Are you prepared to invest the time in helping, teaching, coaching and supporting the career development and personal growth of others? Are you prepared to invest the personal time in self-development and working closely with a Mentor? If the answer to these questions is a resounding "yes," please contact Susan Thornes at 757-443-1728, susan.thornes@navy.mil or George Krakowski, 757-443-1899, george.krakowski@navy.mil.

From the Fleet ... Holding on to a legacy

By Fleet Master Chief Rick West, U.S. Pacific Fleet

I want to take a different approach to this column. I'd like you to hear from some other people besides me in this column. It's a group of people slowly vanishing from this world - they are called America's "greatest generation."

Our "greatest generation" is one of the outstanding groups we were honoring during the recent Memorial Day weekend. They wear the VFW or American Legion hats, they'd rather have a conversation than surf the Internet, and they stand up when the American flag goes by - regardless of their political views. They were us so many years ago. Service members who were just doing their duty preserving our liberties and freedoms throughout the world.

When we listen, they have a lot to tell, stories of sacrifice, heroics and camaraderie. And we need to listen; we need to learn and we need to preserve what these Warriors have laid as the bedrock for our military. Memorial Day is more than parades. It's our chance to learn from and listen to this greatest generation. They've lived the sacrifices the current generation is facing. And while a lot of them may not have grown up with email, cell phones, or the Internet, we'd be fools to think there's nothing they can't teach us.

So I'm going to let them talk to you. I want you to hear, see and feel what they have done. They weren't looking to be heroes or make heroic sacrifices. They were just doing what needed to be done. So understand what they did, learn from the courage they displayed, and know what it means to step up in an impossible situation. Then you'll understand why these folks are more than an annual parade and 30-second news clip on CNN or the local TV.

"Suddenly the ship was gone, and it was very quiet. It had only been 12 minutes since the torpedoes hit. We started to gather together. Being in the water wasn't an unpleasant experience except that the black fuel oil got in your nose and eyes. We all looked the same — black oil all over, white eyes and red mouths. You couldn't tell the doctor from the boot seaman."

This is from retired Medical Corps Capt. Lewis L. Haynes. He was the senior medical officer on board USS Indianapolis (CA-35). Shortly after midnight on July 30, 1945, the ship was torpedoed by a Japanese submarine and quickly sank. Haynes and 315 other men were the only ones rescued out of the crew of 1,199.

"Soon everyone had swallowed fuel oil and gotten sick. Then everyone began vomiting.

"At that time I could have hidden, but somebody yelled, 'Is the doctor there?' And I made myself known. From that point on — and that's probably why I'm here today — I was kept so busy I had to keep going. But without any equipment, from that point on I became a coroner."

Pharmacist's Mate 2nd Class Lee Soucy, a crewman aboard USS Utah (AG-16) woke up Sunday morning and saw a bunch of planes swarming overhead. At first, he thought it was the Marines, since "they were the only ones crazy enough to be training on a Sunday morning." He quickly found out different. He was smack-dab in the attack on Pearl Harbor.

"A number of the ship's tremors are vaguely imprinted in my mind, but I remember one jolt quite vividly. As I was running down the passageway toward my battle station, another torpedo or bomb hit and shook the ship severely," he said.

HONOR AMERICA



"I was knocked off balance and through the log room door. I got up a little dazed and immediately darted down the ladder below the armored deck. I forgot my first aid kit.

"By then the ship was already listing. There were a few men down below who looked dumbfounded and wondered out loud, 'What's going on?' I felt around my shoulder in great alarm. No first aid kit! Being out of uniform is one thing, but being at a battle station without proper equipment is more than embarrassing. After a minute or two below the armored deck, we heard another bugle call. Then the boatswain's whistle followed by the boatswain's chant, 'Abandon ship ... Abandon ship.'"

The Utah still lays at rest today on the opposite side of Ford Island at Pearl Harbor. Time, weather and the sea has caused more damage, but it still serves as a reminder - and teacher - to us all of what the greatest generation endured.

As I mentioned earlier, the generation of the 1940s, and 50s were not very different than ours today. Many were just starting in life, looking to find their place in the world. Some joined up because of the Depression and any job was salvation. Others joined because they had just finished school and were looking to start out in life. Just like Lt. Dorothy Still Danner, a nurse who was captured by the Japanese in Manila and imprisoned at Santo Thomas and Los Banos in the Philippines.

"After graduating from nursing school I worked in two hospitals before joining the Navy in 1937. At that time there were only 400 nurses in the Navy. I really didn't expect to be hired, so I was really

continued on next page

Legacy from previous page

surprised when I got my orders to go to the San Diego Naval Hospital for a physical. The next thing I knew I was in the Navy.

"On Jan. 2, 1942, the Japanese came into Manila but didn't come to Santa Scholastica until a few days later. At first the Japanese were not hostile and mostly left us alone. But then they started taking quinine from us. They also began to slap around and beat up the men.

"I was sent to Santo Tomas on March 8, 1942. However, the medical facilities there were still lacking. There was a little hospital set up in what had been a mechanical engineering building. Living conditions for the others also worsened ... by this time, the Americans had invaded the Philippines, so as life got worse for the Japanese, they made life worse for us. We were only getting two meals a day, skimpy meals at that. We mainly had rice, diluted to a pasty lugao. There was practically no meat in the stew; it was very watery."

Many historians will tell you that two battles that did the most for turning the tide of the war was the Normandy invasion and the Battle of Midway.

Both were very costly to that great American generation.

"I was overwhelmed with work. Wounded were everywhere. Some men had one foot or leg off, others had both off; some were dying - some dead," said Lt. Joseph P. Pollard, a medical officer on board USS Yorktown (CV-5). "Everywhere there was need for morphine, tourniquets, blankets and first aid. Battle Dressing Station No. 1 rapidly overflowed into the passageway, into the parachute loft and into all other available spaces.

"I called for stretcher bearers to get the more seriously wounded to the sick bay where they could receive plasma, etc., but the passageways had been blocked off due to the bomb hits. So we gave more morphine, covered the patients with blankets, and did the best we could."

Yorktown was lost shortly after the Battle of Midway. Successive strikes by dive bombers and torpedo planes seriously damaged the ship, forcing the crew to abandon it June 4. Two days later, while salvage efforts were underway, both the damaged carrier and the destroyer Hammann (DD-412) were torpedoed and sunk June 7, 1942.

Each year, as we commemorate Memorial Day, the crowds get a little younger. We are losing this greatest generation to time. And once they are gone, many of us will look back and regret not learning more from them and about them. It's true that Memorial Day is to honor our fallen heroes as well as everyone who serves or served. But it is also to remind us active service members of what we can learn from those before that went before us, acknowledge their sacrifices, and in doing so learn about ourselves too.

That greatest generation is handing us the baton now. The question is: did we learn enough from them to be able to take up where they have so selflessly and so nobly left off? I encourage you at every opportunity embrace and learn from those that have gone before us in harms way. Warriors teaching Warriors!

June 14 is Flag Day

Summer Traffic Safety Message

Hundreds of Department of Defense military and civilian personnel died last year in private motor vehicle accidents between Memorial Day and Labor Day. This is needless loss of life. I ask commanders and supervisors to review your policies pertaining to highway and recreational safety. Points to emphasize include:

- Seatbelts save lives. Use them.
- Do not drink and drive a car or recreational vehicle.
- Safety equipment can help.

Many states require the use of protective gear while operating motorcycles and other recreational vehicles. Review base and installation policies to ensure they are in line with the latest federal, state, and local statutes and guidelines.

Summer is a time for many of us to spend a little more time on leave and vacation with family and friends. Enjoy it, but be smart and be safe.

Thank you.

Donald Rumsfeld

Secretary of Defense

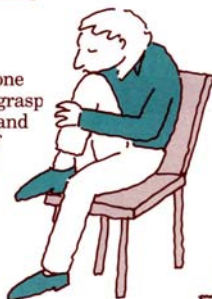


You don't even have to leave your desk to stay fit

10 GREAT AT-YOUR-DESK EXERCISES*

1

Knee Kiss. Pull one leg to your chest, grasp with both hands, and hold for a count of five. Repeat with opposite leg.



2

Windmill. Place your feet apart on the floor. Bend over and touch your right hand to your left foot, with your left arm extended up. Repeat with opposite arm.



3

Back Relaxer. Bend down between your knees as far as you can. Return to upright position, straighten, and relax.



4

Pectoral Stretch. Grasp your hands behind your neck and press your elbows back as far as you can. Return to starting position, then drop your arms and relax. Repeat.



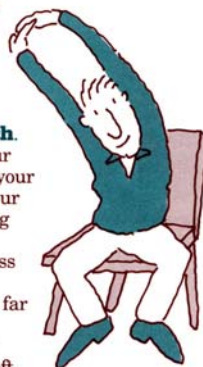
5

Middle-Upper Back Stretch. Raise your right arm and grasp it below the elbow with your left hand. Gently pull your right elbow toward your left shoulder as you feel the stretch. Hold for five seconds. Do both sides.



6

Side Stretch. Interlace your fingers. Lift your arms over your head, keeping your elbows straight. Press your arms backward as far as you can. Then slowly lean to the left, and then to the right, until you can feel stretching.



8

Shoulder Roll. Slowly roll your shoulders forward five times in a circular motion, using your full range of motion. Then roll your shoulders backward five times with the same circular motion.



7

Fingers. With palms down, spread your fingers apart as far as you can. Hold for the count of five. Relax. Repeat.



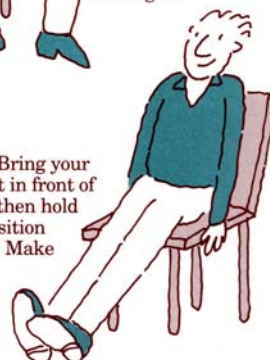
9

Neck. Let your head drop slowly to the left, then to the right. Slowly drop your chin to your chest, and then raise your chin as high as you can. Turn your head to the left, return it to the normal position, and then turn it to the right.



10

Quadriceps. Bring your legs straight out in front of your body, and then hold them in that position for five seconds. Make sure you are sitting up straight. Relax. Repeat.



* If your desk chair has wheels, exercise caution!

Code 430 visits Texas Navy

Laura McLaughlin, Naval Station Ingleside, explains the functions of the Material Processing Center at Naval Station Ingleside. The tour was part of a three-day Logistics Support Center (LSC) Symposium held in nearby Corpus Christi. Looking on are Lt. Bob James, Cmdr. Harold Valentine, Joan Duke, and Sheila Rollins. (Photo by Mike Antoine, Naval Station Ingleside)



Bravo Zulu



FISC Norfolk Commanding Officer Capt. Tim Ross congratulates Lt. Cmdr. Kirk Dial after presenting him with the Navy/Marine Corps Commendation Medal (gold star in lieu of 3rd award).



SKCS(AW/SW) Hildo Quirindoongo, RSO Norfolk, was recently frocked to his present rank. Assisting with the frocking ceremony were his wife Rhonda (left) and Lt. Dana Herbert.

Bravo zulu for MSD 25 FEP support

I would like to extend my sincere appreciation for the outstanding support provided by a number of organizations during the recent final evaluation problem (FEP) for MSD 25. Your contribution to our success was noteworthy and greatly appreciated.

COMSEALOGLANT: This is the sixth FEP to include a COMSEALOGLANT vessel as primary high value asset HVA. Participation of USNS Saturn contributed greatly to a realistic and successful evaluation environment. Our philosophy here is "we fight like we train."

Special thanks to OSC (SW) Ogletree for his superb support and coordination. Also, kudos to Lt. Gonzaga and Mr. Menchaca for providing invaluable assistance in scheduling USNS Saturn and working in conjunction with port operations.

NAS Oceana Air Det Norfolk: This was the second FEP to include an actual aircraft and although CODEL/Sea Raven C-12 flight was cancelled due to weather, Cmdr. Celec, Lt. Cmdr. Pampalone and AT3 Gonzalez provided invaluable role-play and training opportunities. Appreciate staging an aircraft on flightline in order to demonstrate Sea

Raven force protection execution. MSD 25's team is better prepared because of you.

FISC Norfolk and NAS Oceana: Thanks to Craney Island and NALF Fentress for providing exceptional support and logistical coordination. Special thanks to Bill Campbell (CIFD), Ernie Baker (CIFD) and ABHCS Hopkins (NALF Fentress). The physical environment at these facilities complemented real world scenarios necessary for successful execution and evaluation of the FEP.

NNSY: For superb logistical support that facilitated convoy operations special thanks to Mr. Conroy for his invaluable assistance.

Your collective efforts are indicative of outstanding professionalism and service support. We are sending forward the most combat capable forces to support COCOM FP missions because of your hard work. It reflects well on the Navy and helps keeps us all safe.

Commodore Barrington sends. *Copiae tutaminis.*



FISC Norfolk Commanding Officer Capt. Tim Ross congratulates NC1(SW) Stacey Wiley after presenting him with the Navy/Marine Corps Achievement Medal (gold star in lieu of 4th award).



Congratulations to Cmdr. John McKone, FISC Norfolk Code 500, for being selected for promotion to the rank of Captain. He will soon transfer to the headquarters of Commander, Naval Air Systems Command at Patuxent River, Md.